



DETAILED RUN IN PROCEDURE

Ensure 500ml of "RUN IN OIL" in engine.
Running-in should be done in the following manner on the race track.

Time required: One day

Always try to run your engine slightly rich - during the run-in process.



RUN IN OIL
Part No. TRO1031

SESSION 1

8 Laps – at varying speed up to half throttle:

- First Start and allow engine to idle for 5 minutes to warm up (Do not free rev).
- On track, Drive moderately, low speed on straights, up to half throttle, use controlled throttle opening varying speed up to half throttle then easing back to quarter throttle repeatedly for 8 laps.
- Bring in and allow to cool for 30 to 40 minutes.

SESSION 3

8 Laps - at varying speed up to wide open throttle:

- First Start and allow engine to idle for 2 minutes to warm up (Do not free rev).
- On track, use controlled throttle opening up to wide open throttle and easing back to quarter throttle repeatedly for 8 laps.
- As you come out of the corners open the throttle in a controlled manner such that you can feel the engine loading up
- Bring in and allow to cool 30 to 40 minutes.

SESSION 5

8 Laps – Drive at race pace

- First Start and allow engine to idle for 2 minutes to warm up (Do not free rev).
- On track, for the first lap run slower (similar to a roll-around) to allow the engine to come up to temperature before long sustained full throttle openings are held, then drive as if you were racing.
- Bring in and allow to cool 30 to 40 minutes.

SESSION 7

Repeat Session 5

SESSION 2

8 Laps - at varying speed up to three quarter throttle:

- First Start and allow engine to idle for 2 minutes to warm up (Do not free rev).
- On track, use controlled throttle opening up to three quarters throttle and easing back to quarter throttle repeatedly for 8 laps.
- As you come out of the corners open the throttle in a controlled manner such that you can feel the engine loading up.
- Bring in and allow to cool 30 to 40 minutes.

SESSION 4

8 Laps - with the first half of each lap, at varying speed (as per session 3), and the second half of each lap at race pace.

- First Start and allow engine to idle for 2 minutes to warm up (Do not free rev).
- On track, use controlled throttle opening up to wide open throttle and easing back to quarter throttle for the first half of each lap.
- For the second half of each lap drive as if you were racing with snap opening of the throttle.
- Bring in and allow to cool 30 to 40 minutes.
- Drain the engine oil and refill with the remaining half of the "RUN IN OIL".

SESSION 6

Repeat Session 5